

# The Advance

The Bulletin of the Greater Wayne Area Branch of the AAUW



Volume L No. 1

<http://greaterwaynearea-nj.aauw.net/>

September/October 2017

## AAUW GREATER WAYNE AREA BRANCH PURPOSE

The purpose of this branch shall be to further AAUW's mission to advance equity for women and girls through advocacy, education, philanthropy and research.

### FROM THE CO-PRESIDENTS' DESK...

In 2017-2018 our goal is to continue to move the branch toward mission-based initiatives and events. We know this involves a bit of a culture change from the more social aspects the branch has focused on in the past, but it is necessary for our branch's survival. New members are joining to "make a difference" or "do something meaningful" and AAUW needs every branch's strong and fully supported mission-based efforts to effectively reach our mutual goals. In the end, we think all our members will find this direction interesting, necessary and rewarding,

The September and October meetings will be fairly casual brainstorming sessions where we explore ways to work together as a branch to make a difference in the lives of women and girls. Bring your ideas and open minds.

We will also initiate some simple fundraising ideas with the expectation that we can grow the amount we raise annually for scholarships in order to make them more impactful.

Let's see where this journey and our concerted efforts can take us.

Be fearless,

*Your Co-Presidents*

*Jeanne and Lorraine*

### Mission-based Topics

- Campus Sexual Assault
- Equal Pay & Family/Life Balance
- Human Trafficking
- Preparing Women to Run for Office
- Salary Negotiation
- Scholarships
- STEM/STEAM

## DIVERSITY & INCLUSION CHAIR

We are pleased to announce the appointment of Beth Marmolejos to the position of Diversity & Inclusion Chair. Beth will be responsible for developing, implementing and monitoring programs and activities that promote diversity and inclusion in the Greater Wayne Area Branch. She will:



*Beth Marmolejos*

- Be the "go-to" person for inclusion issues that must be addressed by the branch

- Develop a broadly inclusive, diverse and welcoming membership, culture and climate
- Serve as spokesperson on diversity and inclusion
- Initiate actions to foster an open and inclusive environment
- Encourage collaboration and serve as liaison with other groups whose missions reflect AAUW priorities
- Monitor the growth and diversity in membership and recruitment

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Beth is uniquely qualified for this position. She has experience working in or volunteering in a diversity and inclusion capacity or on tasks that have required implementing diversity and inclusion programs in the past. Beth has communication skills in all forms of media, cross-cultural awareness, leadership and managerial abilities and skills in marketing and coalition building.

We thank Beth for accepting this responsibility and support her in her Diversity & Inclusion efforts on GWA's behalf.

## PROGRAMS 2017 - 2018

As a result of announcements at the National Convention held in June, along with excellent details gathered at convention workshops and the wealth of new information on the AAUW National web site, we have no traditional programs scheduled at this time.

Instead, the Branch general meetings in September and October will provide a variety of opportunities for all GWA members to participate as we learn about the full meaning of the word "program" and establish a vision for future projects, programs and activities.

We will plan an exciting new approach to working on mission-based projects and resultant interesting and impactful programs. Be sure to join us in the effort to produce meaningful results at our first two meetings, set in casual environments, that offer everyone the chance to work with valued GWA members/friends to move us along a path that we all support and value.

Mark your calendars for the Holiday Social in December.

**September 13:** Welcome back to GWA, Planning and Brainstorming at Anthony Francos Pizza, 1176 Hamburg Turnpike, Wayne, 7:00 pm.

**October 11:** General Meeting/Planning for 2018 Wayne Public Library, 461 Valley Rd., Wayne, 7:00 pm.

**December 3:** Holiday Social at Brio Tuscan Grille Willowbrook Mall., Wayne, 11:30 am.

Watch your email for future announcements about program specifics as we move forward.

## CALENDAR SEPTEMBER/OCTOBER 2017

Sept 13	Welcome Back to GWA - Pizza & Brainstorming, 7:00
Oct 3	Board Meeting, 4:30
Oct 5	Scholarship Fundraiser at California Pizza Kitchen
Oct 11	GWA General Meeting – Planning for 2018, 7:00
Nov 11	Scholarship Fundraiser at Body & Brain Yoga Tai Chi, Wayne, 2:00
Nov 14	Board Meeting, 4:30
Dec 3	Holiday Social, 11:30

### INTEREST GROUPS

Sept 8	Lunch Bunch – Double Ai, 12:15
Sept 8	Games Night – Dot Anton's, 7:30
Sept 12	Art Interest – Bea Kettlewood's, 2:00
Sept 28	Lit Group – Ann Raynor's, 7:30
Oct 5	Lunch Bunch – California Pizza Kitchen, 12:15
Oct 10	Art Interest – Bea Kettlewood's, 2:00
Oct 20	Games Night, Bea Kettlewood's, 7:30
Oct 26	Lit Group - Ada Liggett's, 7:30
Mondays	Bridge, 7:30

### GWA BRANCH OFFICERS

#### Co-Presidents

Lorraine LaShell - Jeanne Michaud

#### Program Co-VPs

Dorothy Quinn - Judy Mazur-Shivy

#### Membership VP

Ann Raynor

#### Secretary

Ruth Liston

#### Finance

Stella Hyman

#### Diversity & Inclusion Chair

Beth Marmolehos

#### Scholarship Co-Chairs

Marianne Ritter - Mary Ann Sgobba

#### Parliamentarian

Bea Kettlewood

# Pizza with a purpose

Bring in this flyer, present it to your server and we'll donate 20% of your check to the organization listed below. Purchases include dine-in, takeout, catering and all beverages.

Fundraiser in support of:

# AAUW

**American Association of University Women**

Thursday, October 5th, 2017

**11AM-10PM**

Valid at the following location:

**California Pizza Kitchen**  
Willowbrook Mall  
1400 Willowbrook Mall  
Wayne, NJ 07470  
973-837-9502

Join the **Pizza Dough® Rewards** program and receive a **free Small Plate** on your next visit after registering. Register today at [cpk.com](http://cpk.com) or download our new app today!



**california**  
**PIZZA KITCHEN**

Fundraiser offer valid only on the date(s) and at the CPK location identified on the flyer. Only 501c organizations and non-profit schools are eligible to participate in CPK's fundraiser program. CPK will donate 20% (twenty percent) of all food and beverage sales to the organization. Tax, gratuity, gift card and retail sales are excluded from the donation. Offer valid for dine-in, takeout, online, catering, curbside or delivery orders placed directly with CPK. Not valid for third-party delivery. Offer void if flyer is distributed in or near restaurant. For more information about the 501c organization participating in the fundraiser, please contact the organization directly.

# *Do you have the Guts to be Healthy?*

*Saturday, November 11  
2:00-3:30pm*



*Healing Workshop Hosted by Body & Brain Yoga/Tai Chi, Wayne  
1292 Hamburg Turnpike 2<sup>nd</sup> floor*

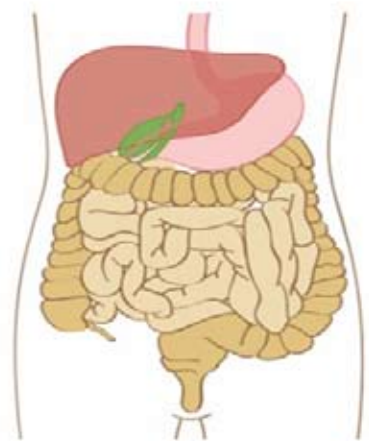
\$150 includes the 90-minute workshop, Healing Life Kit and three one-hour private follow-up sessions. Thoroughly experience the benefits of Belly Button Healing, a revolutionary method of rejuvenating the immune system, digestion, management of hormones, blood circulation, and much more, for total body healing.

**All Proceeds benefit the AAUW Greater Wayne Area  
Scholarship Fund.**



## **Gut Facts**

- Your gut is responsible for about 75% of the body's immunity.
- Your gut produces over 90 percent of your serotonin, the happiness hormone.
- Your gut holds about 30-40% of the body's blood volume.
- Your gut has a 2<sup>nd</sup> brain that affects the health of the brain in your head.
- Your gut is the home to trillions of gut bacteria.



***Dare to be Healthy! Sign up by October 27 to reserve your space.***

Call Ann Wheeler  
bodynbrain.com/wayne

OR email [aauwga@gmail.com](mailto:aauwga@gmail.com)  
<http://greaterwaynearea-nj.aauw.net>



## SCHOLARSHIP FUNDRAISERS

### *Mary Ann Sgobba and Marianne Ritter* **Scholarship Co-Chairs**

Our branch is committed to financially assisting women over 25 who are returning to college to attain their bachelor or associate degree. To help fulfill this commitment, we are holding two fundraising events this fall, one at California Pizza Kitchen in October and the other in November at Body & Brain Yoga Tai Chi, owned by fellow member Ann Wheeler. We ask all members to fully support these efforts!

#### **Pizza With a Purpose**

Thursday, October 5th, 11 AM-10PM  
California Pizza Kitchen, Willowbrook Mall, Wayne  
Gather your friends and family and head to CPK for lunch or dinner on October 5. Bring the flyer attached to this newsletter and 20% of your total check will be

donated to GWA. CPK offers a variety of menu items including vegetarian and gluten free choices...and, of course, pizza.

#### **Healing Workshop**

Do you want to unlock your body's natural healing power? Fellow GWA member, Ann Wheeler, is offering a Belly Button Healing Workshop at her studio, Body & Brain Yoga Tai Chi, on Hamburg Turnpike in Wayne. Ann is donating her time and expertise so that all proceeds go towards our scholarship fund. The \$150 fee includes the 90 minute workshop, a Healing Life Kit and three private follow-up sessions with Ann. A great deal. See flyer for more information and sign up details. Stay tuned for more scholarship fundraising events.

## SCHOLARSHIP COMMITTEE

GWA members were able to meet our second scholarship winner, Marisol De La Paz, at our summer social in July. Marisol attends Ramapo College and anticipates graduating in 2018. Finances are tight as there are three people in her family attending college at the same time: Marisol, her husband and her son. Marisol wrote a note of appreciation to our branch, in which she states, "I am truly humbled and very grateful to have been chosen to receive the 2017 AAUW Scholarship Award. It most certainly comes during a time when I was wondering how I would pay for school given all of my other obligations. Thank you again for making me feel so welcome and comfortable."

*Marianne Ritter, Mary Ann Sgobba – Co-Chairs*  
*Caroline Mossip – Past Chair*

## MEMBERSHIP

I am happy to announce that we have a new GWA member. Karen Wertheimer worked with Jeanne Michaud on the 2017 Tech Trek interviews of Bergen County girls. As a result of her Tech Trek interviewing process experience, Karen who is a long-time National member, decided to join our GWA Branch and to support our local efforts. She graduated from the University of Pennsylvania with a BA degree and from Fairleigh Dickinson University with a MA degree. Karen's interests are varied and encompass many of AAUW's areas of concern. She is now enjoying her retirement from a career in fundraising.

Please join me in welcoming Karen to our Branch. Thanks.

*AnnRaynor*

## PUBLICITY INFO REQUEST

If you see any article about our AAUW GWA Branch in your local newspaper or newsletter, or on a website, please save a copy and let Caroline Mossip know. As publicity chair, she needs this feedback to see where our PR information is appearing. This will assist her in finding the best places to provide information about our branch. You can contact Caroline by phone/text or by email.

## SOCIAL CONCERNS

This is to report that the generous supply of school and art supplies will be delivered to OASIS on Friday, Sept. 18th. Additional school materials were purchased and will be delivered to Grandma's Place in Clifton. Thank you once again for your generosity. I know it is appreciated.

*The Social Concerns Committee*  
*Marlys Huss*  
*Chair*

## LITERATURE GROUP

Please attend the first meeting. We need to make some changes to Hostesses and Leaders for the year.

Date: Sept 28  
 Time: 7:30pm  
 Hostess: Ann Raynor  
 Book: *SMALL GREAT THINGS*  
 Author: Jodi Picoult  
 Leader: Dorothy Anton

Date: Oct 26  
 Time: 7:30pm  
 Hostess: Ada Liggett  
 Book: *THE TENDERNESS OF WOLVES*  
 Author: Stef Penny  
 Leader: Ann Raynor



As usual please let Hostess know 3 days ahead of time if you will be attending. For additional information or car pooling contact Win Reinhardt.

### DATES FOR THE YEAR 2017-2018

DATE	BOOK	AUTHOR	HOSTESS
SEPT. 28:	<i>SMALL GREAT THINGS</i>	JODI PICOULT	Ann Raynor
Oct. 26:	<i>THE TENDERNESS OF WOLVES</i>	STEF PENNEY	Ada Liggett
Nov. 30:	<i>FRAME 232</i>	WIL MARA	Joan Hahn
Jan. 25:	2018 <i>ROSIE PROJECT</i>	GRAEME SAMSON	Stella Hyman
Feb. 22:	<i>THE HORSE DANCER</i>	JO JO MOYES	Win Reinhardt
Mar. 22:	<i>TRIBES</i>	SEBASTIAN JUNGER	Dorothy Quinn
Apr. 28:	<i>THE HANDMAID'S TALE</i>	MARGARET ATWOOD	Ada Liggett
May 24:	<i>ANYTHING IS POSSIBLE</i>	ELIZABETH STROUT	Dorothy Anton
Jun. 28:	PLANNING DINNER		Stella Hyman

## ART INTEREST GROUP

### Bea Kettlewood

This year, our 22nd year, The Art Interest Group will review American Painting from 18th C. to present. The first meeting is 2 PM Tuesday September 12th at Bea's home. We will view 18th C. Realism with some Primitive elements and early 19th C. Realism. The second meeting will be 2 PM Tuesday October 10th also at Bea's home. We will view Romanticism of the Hudson River School, the Westward movement and Realists who moved into Romanticism. CALL, PLEASE, if you plan to attend.

## LUNCH BUNCH

**Marianne Ritter Judy Shivy**  
 Double Ai Asian Bistro 107 Terhune Drive, Wayne

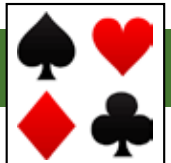
The September Lunch Bunch is on the 8th at the Double Ai Bistro on route 202 in Wayne at 12:15. Afterwards, we can stroll through Laurelwood Gardens which is located very close to the restaurant.

On October 5th at 12:15 Lunch Bunch will be at California Pizza Kitchen in the Willowbrook Mall. This is also a fundraiser for our scholarship fund so please be sure to attend.

Contact Judith or Marianne Ritter to RSVP one day in advance.



## BRIDGE



### Marlys Huss

The bridge group meets on Monday evenings. We start at 7:30 pm and we play until 9:30 pm, after which we have tea, coffee and dessert. Please call Marlys for the weekly location of the game.

## GAMES NIGHT

### Dot Anton

Games Night will be Sept. 8th at Dot Anton's house. We begin at 7:30 pm and play games until 10, at which time we have light refreshments.

October's Games Night will be held on Oct. 20th at Bea Kettlewood's house.

Games Night is open to all members. Please call the hostess at least 3 days in advance to let her know you are coming.

## THE ADVANCE

**Editor:** Peggy Gardner

*The Advance* is the news and information bulletin of the Greater Wayne Area Branch of AAUW. It is published five times a year as follows: September/October, November/December, January/February, March/April, May/Summer. It is mailed/e-mailed to reach each member by the first day of the month of issue. Articles are written by the various chairs and include last minute details for upcoming events as well as sharing with the membership the news of past events. In order to assure a timely delivery, the deadline for each issue is the 15th of the month prior to the issue month. Be sure to read *The Advance* for up-to-the-minute news and for details of the activities of the branch. Keep it handy as a reminder of upcoming events.

<http://greaterwaynearea-nj.aauw.net>  
[www.facebook.com/aauwgreaterwaynearea](http://www.facebook.com/aauwgreaterwaynearea)  
[aauwgwa@hotmail.com](mailto:aauwgwa@hotmail.com)

## AAUW GREATER WAYNE AREA BRANCH

### PURPOSE

The purpose of this branch shall be to further AAUW's mission to advance equity for women and girls through advocacy, education, philanthropy, and research.

### DIVERSITY STATEMENT

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability, or class.

### VALUE PROMISE

By joining AAUW, you belong to a community that breaks through educational and economic barriers so that all women have a fair chance.



Greater Wayne Area Branch  
428 Boulevard  
Pompton Plains, NJ 07444

### MEMBER TOWNS

Bloomingtondale  
Butler  
Carteret  
Clark  
East Orange  
Emerson  
Englewood  
Kinnelon  
New Foundland  
North Haledon  
Nutley  
Pompton Lakes  
Pompton Plains  
Teaneck  
Wayne  
West Milford