

The Advance

The Bulletin of the Greater Wayne Area Branch of the AAUW



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January-February 2023

AAUW GREATER WAYNE AREA BRANCH PURPOSE

The purpose of this branch shall be to further AAUW's mission to advance equity for women and girls through advocacy, education, philanthropy and research.



FROM THE PRESIDENT'S DESK

Dear Members,

We are now in the season to be jolly and as part of that we had a joyful holiday party on December 11 at the Rockaway Country Club, Denville, in conjunction with the Mountain

Lakes Branch of the AAUW. The combined celebration of the two branches was arranged by Elaine Dolsky who is a member of both branches and also is a member of the Mountain Lakes Chorale which entertained us by performing beautiful holiday songs. A lovely combined luncheon followed for twenty-seven of our members. While we were eating snowflakes fell to remind us that December was here and just a few weeks before Santa would arrive.

We have had a banner 2022. Our membership has increased to forty-seven members, we have increased our funding for scholarships, increased our partnerships with other clubs, i.e., Wayne Rotary Club, and increased and expanded the activities of our Interest Groups. There is something for everyone in our Branch in terms of participation and interest.

We are planning our programs and events for 2023, which with the help of all of you will be better than 2022. Thank you to all of you who have contributed so much to our success. Happy New Year and please take care of yourself.

Arline Lowe
President GWA

Thank You

A sincere and loving thank you to all my friends at Greater Wayne for your kindness and sympathy on the passing of my beloved husband, Bill.

From my heart,
Lorraine



Bill LaShell

THANK YOU FOR DONATING TO THE OASIS TOY DRIVE



As you can see from the pile of over seventy gifts, your generosity was very much appreciated. All of them could not fit on my couch for the photo!

Ada Liggett & Diane Snyder Ricart
Social Concerns Chairpersons

ARE WE EATING AGAIN? Holiday Social

On Sunday December 11, two branches of AAUW New Jersey - Greater Wayne and Mountain Lakes - came together to celebrate the holidays. A wonderful brunch was held at the Rockaway River Country Club in Denville. An added treat was listening to lovely holiday singing by the Mountain Lakes Chorale, of which our member, Elaine Dolsky, is a participant. Lovely surroundings, good food, holiday music, and most of all - the warmth/friendship of our two groups coming together, made it a memorable day. We hope to do it again next year!

Ann Sheridan



MEMBERSHIP

WOW!!! What a year!! 2022 has brought us seven new members bringing our Wayne Greater Branch total to 47 members, and the crowning glory is that the new membership has been so active and involved. When you look through this Advance you will note how many different members have contributed to our very successful year.

Let's keep up the good work. Let me know how I can help.

Ruth Liston
Membership Chair

CURRENT EVENTS

The Current Events Group will be discussing four global "hot spots" at its next meeting on January 20th. The hot spots we have chosen are Pakistan, Barbara Stomber; Sudan, Elaine Kirsh; Haiti, Arline Lowe and Puerto Rico, Linda Nardone. We will meet at Ruth Liston's house at 1pm. Please let Ruth know if you are planning to attend.

Elaine Kirsh

In One Woman's Opinion...by Dorothy Quinn

I have often thought that today's millennial women are so fortunate since they enjoy advantages and a plethora of choices that were not possible for us Baby Boomers. They have career opportunities far more diverse than we could have imagined; they have many equal opportunity employment rights that we have fought long and hard for, and they have options to combine career and family responsibilities seamlessly. Or, so it seemed to me.

I had the pleasure of lunching with a few 30-somethings and they were very perplexed about the career-family role that many of them were facing. Most are in long-term relationships and unsure about how they will navigate the next ten years. They plan to marry and have a family and also feel the pressure of the biological clock to fulfill the dreams that they and their mates have for a family; not to mention the pressure from their parents to fulfill their dream of grandparenting.

These women feel they are at a crossroad. Many of them enjoy fulfilling careers that are demanding and include travel. It's been very satisfying for these young single women. However, with the prospect of marriage, many feel they would need to give this up to take on a more domestic role that marriage and family would deem necessary. A solution they discussed would be to change careers, a change that might require further education or a masters. This option poses a roadblock since most are still saddled with student loans and/or are not willing to take on debt to pay for that education, especially in light of purchasing a home to raise a family securely. I was also surprised that this forward-thinking group of young women who have started retirement funds are now including the financial responsibility of starting a 529 for their children as well.

When asked about the prospect of finding another career within their realm of training and education,

some of them said that the salary for a less demanding career would not be a choice since it would most likely entail a salary cut. Even the same position with another firm or entity would set them back to an entry level salary. Most felt that they could not accept that consequence since their present salary would be needed to cover the cost of childcare. Surprisingly none of them deferred their dilemma to their partners.

They all expressed the desire to feed their domestic female yearning. They admire the lifestyles of mothers or grandmothers who took pride in child rearing, gardening, and baking. I was somewhat shocked to hear these terribly modern women expressing the need to develop these traits of womanhood, but perhaps the hunter-gatherer syndrome that lies deeply embedded in all our genes has not disappeared.

With all of the hurdles that generations of women have overcome, I do not doubt that these bright women will solve these conundrums and continue the fight. Their dilemma, albeit much different from ours, comes down to the same question. How does a woman fulfill personal satisfaction and maintain the biological role of womanhood? If men only gave birth there would be no such fight. The government would give them choice over their own body; employers would provide equal pay for equal work, and maternity/sick leave, universal childcare and healthcare would be a given. Let's face it, we continue to carry the burden. I'm not so sure Atlas was male since she carries the weight of the world on her shoulders!



GREATER WAYNE BRANCH AAUW

General Meeting
January 18 2023

Wayne Public Library
1-3 pm
Coffee, tea and snacks

Featuring local artists and their works of art.
Each artist will speak to their background and the story
behind a piece of work



IMPROVING OUR HEALTH THROUGH BIRDS IN THE NEW YEAR

Growing up in Jersey City the only bird I can remember as a child was a sparrow. Then a number of years ago after cataract surgery and retirement, I decided to take a closer look at the “sparrows” that I now had the vision and time to observe in my suburban environment. I began by taking photos of birds in my yard, going on field trips with local Audubon groups and continued photographing wherever I traveled so that I could determine what species I was observing. With the addition of a bird feeder and birdbath in my yard and equipped with the Merlin App on my phone, I was thrilled to be able to identify over 20 bird species in my yard and over 200 species worldwide and gradually add them to my photo collection.

With the decline of birds throughout the world due to habitat loss, the increased use of herbicides and pesticides, and climate change along with over 2 billion worldwide killed by cats annually, enabling birds to prosper and survive has certainly become a challenge. At the same time, my interest in birds has become a source of joy for me and hope for their future. Feeding them especially during the winter months has not only provided a vital source of food but has given me hours of discovery, companionship and a way to bind with nature.

Helping birds certainly extends beyond the feeder and there are important steps that we as individuals can do to protect them. To name a few:

1. Support legislation that protects birds against the development of wetlands, grasslands, coastal areas and deforestation.
2. Keep cats indoors. Even when well-fed, these non-native predators hunt and kill over two-thirds



of the total birds killed in the US. With approximately over 110 million cats roaming outside, it is important to support legislation and organizations like Friends of Animals that advocate the spaying of feral cats.

3. Plant native plants and watch the birds come in. Native plants provide food for birds, save water and fight climate change.

4. Reduce pesticides and buy organic food. Along with millions of birds killed by pesticides, foods that are considered healthy for us like spinach, kale, strawberries, and apples have also tested extremely high for pesticide residue.

5. Reduce plastics which are especially harmful for sea birds. At least 80 species of sea birds ingest plastic mistaking it for jellyfish or seaweed.

6. Watch birds and share what you see. Get involved in bird counts online like the Great Backyard Bird Count which is done every February.

Birds are essential as pollinators and seed dispensers, consumers of insects, rodents and other small mammals, keeping the populations in check, and ensuring a proper balance in the ecosystem.

So think about caring and sharing in the lives of our fine feathered friends during the New Year. In the process of protecting them, we are actually helping ourselves and the generations that follow us.

Barbara Stomber

PROGRAM - GENERAL MEETING

On January 18 at 1 pm at the Wayne Public Library the Greater Wayne Chapter of the AAUW will present their first general meeting of the year. The meeting will feature our local artists along with their artwork and their story. We will be serving tea, coffee, and-- See details in the flyer attached. As the Flyer indicates we will be serving small snacks which can be handled without utensils. If you would like to donate a homemade goody, please let me know.

ALL ARTISTS

Artists should be at the Meeting Room at 12:45 with their artwork. Please let me know what you are bringing and please provide whatever you need for the display. The entrance to the Meeting Room A-B is directly on the left as you enter the library. There will be tables which we can use. The room is large enough to accommodate easels if using

them makes the display easier. And we want all artistic achievements. Some innovations could be the most interesting.

What we need to make this work:

- If you have not done so already, let me know you are coming.
- If you are an artist, let me know what you will be bringing.
- If you are willing to contribute to the snacks, let me know

I am excited about seeing all of the entrants. One of our own artists and our president, Arline Lowe, will introduce the artists and pieces of work.

Ruth Liston

GAMES

Below is listed the times, places and participants in the Greater Wayne Branch programs. Please know that all are welcome either to join a group already in existence or start a new group and/or new game. The more the merrier.

BRIDGE

■ First and third Mondays 3pm online

Marlys Huss, Ada Liggett, Ruth Liston, Ann Raynor

■ Second and fourth Mondays 11:30am members' homes

Jean Billings, Bea Kettlewood, Ruth Liston, Joan London, Win Reinhardt, Lois Wickham

■ Weekly Tuesdays 7pm online

Ruth Liston, Dorothy Quinn, Ann Raynor, Win Reinhardt

■ Weekly Thursdays 12:30pm members' homes

Maryann Davidson, Esther Flower, Marlys Huss, Ada Liggett, Lois Wickham, Mary Querrazzi

MAJ JONGG

■ Weekly Tuesdays at 2pm online

Elaine Dolsky, Ruth Liston, Ann Raynor, Win Reinhardt

Ruth Liston

NEW & NOTEWORTHY

"New and Noteworthy" is going to be a new column for the Advance to highlight interesting Branch activities as well as interesting events in our personal lives; i.e., weddings, graduations, etc. Presently, just send a note highlighting the event to me and I will pass the information on to Peggy Gardner. You can see this first column is introducing our newest members.

Alice Moskowitz, Wayne, NJ

Lauren Coyle, Pompton Plains, NJ

Alice has already been to a Current Events meeting and Lauren has participated in a Book Group meeting. Looking forward to seeing them both frequently in the new year.

Ruth Liston

LUNCH BUNCH

Our last Lunch Bunch was held on November 10 at Buona Sera Restaurant in Haskell. While we all enjoyed the time together, we also used this opportunity to collect food items for the WIN Food Pantry (Wayne Interfaith Network) which is housed at the Wayne YMCA. Carolyn Noble had initiated this drive because of the increased number of Wayne residents in need. Through the generous donations of the Wayne AAUW members, a carload of items was collected and was delivered on November 11. WIN very graciously accepted all of our donations.

There will be NO Lunch Bunch gathering in January.

However, please mark your calendar for our next Lunch Bunch get-together which will take place on Thursday, February 9th at 12:30. We will be meeting at the Tuscany Villa Restaurant, 223 Changebridge Rd., Montville, NJ 07045

Elaine Dolsky
Ruth Liston



CULINARY GROUP

The Culinary Group will meet at 12:30, Friday, January 27th at Carolyn Noble's home. The theme will be "All Things Baked." Members will share anything made in the oven. Savory or sweet. Appetizer, main entrée or dessert.

On February 24th, the theme will be "Eat Your Heart Out". Healthy Recipes only.

Carolyn Noble
Culinary Group Chair



Nancy Ferer	1/10	Maryann Davidson	2/8
Barbara Stomber	1/17	Joan London	2/8
Lorraine LaShell	1/25	Dorothy Quinn	2/13
Jean Billings	1/26	Ruth Liston	2/16

LIT GROUP

THE NEW LIT GROUP READING LIST 2023

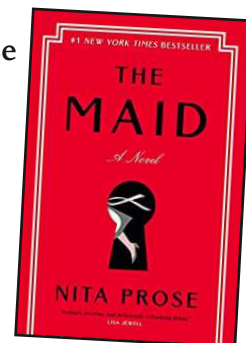
January 4/ *Mercy Street* by Jennifer Haigh

Zoom Meeting for Winter
Discussion Leader: Dorothy Quinn
For almost a decade, Claudia has counseled patients at Mercy Street, a clinic in the heart of the city. The work is consuming, the unending dramas of women in crisis. For its patients, Mercy Street offers more than health care; for many, it is a second chance.



February 1/ *The Maid* by Nita Prose

Zoom Meeting for Winter
Discussion Leader: Jan Rutherford
A charmingly eccentric hotel maid discovers a guest murdered in his bed. When she becomes a suspect, a motley crew of unexpected allies rally to solve the mystery.



March 1/ *The Last White Man* by Moshin Hamid

Zoom Meeting for Winter
Discussion Leader: Arline Lowe
One morning, a man wakes up to find himself transformed. Overnight, Anders's skin has turned dark, and the reflection in the mirror seems a stranger to him. Soon, reports of similar events begin to surface. The Last White Man powerfully uplifts our capacity for empathy and the transcendence over bigotry, fear, and anger.



April/ No Meeting - First day of Passover

May 3/Lessons of Chemistry/ In Person

June 7/The Garden of Broken Things/In Person

July 5 No meeting due to holiday travel

August 2/Lady in the Lake/In Person

We meet the first Wednesday of the Month 1-2:30.

PLEASE LET ME KNOW IF YOU PLAN ON ATTENDING THE JANUARY MEETING.

THANK YOU!

Diane Snyder Ricart
Chairperson



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 New Year's Day	2 3PM Bridge Online	3 2PM Mah jongg online 7PM Bridge online	4 1 pm Lit Group/online	5 12:30 Bridge in person	6	7
8	9 11:30 Bridge/Ruth Liston	10 2PM Mah jongg online 7PM Bridge online	11	12 12:30 bridge in person	13	14
15	16 M L King Day 3PM Bridge Online	17 2PM Mah jongg online 7PM Bridge online	18 1-3PM AAUW General Mtg (Wayne Library)	19 12:30 Bridge in person	20 1 PM Current Events Ruth Liston home	21
22	23 11:30 Bridge in person	24 2PM Mah jongg online 7PM Bridge online	25	26 12:30 Bridge in person	27 12:30 Culinary Group (Carolyn Noble)	28
29	30	31 2PM Mah jongg online 7PM Bridge online	1	2	3	4



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1 1 pm Lit Group/online	2 12:30 Bridge in person	3	4
5	6 3 pm Bridge online	7 2PM Mah jongg online 7PM Bridge online	8	9 12 PM Lunch Bunch:Tuscany Village	10	11
12	13 11:30 Bridge/in person	14 Valentine's Day 2PM Mah jongg online 7PM Bridge online	15	16 12:30 Bridge in person	17 1 PM Current Events (in person)	18
19	20 Presidents' Day 3 pm Bridge online	21 2PM Mah jongg online 7PM Bridge online	22	23 12:30 Bridge in person	24 12:30 Culinary Group (Carolyn Noble)	25
26	27 11:30 Bridge/in person	28 2PM Mah jongg online 7PM Bridge online	1	2	3	4

AAUW GREATER WAYNE AREA BRANCH

PURPOSE

The purpose of this branch shall be to further AAUW's mission to advance equity for women and girls through advocacy, education, philanthropy, and research.

DIVERSITY STATEMENT

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability, or class.

VALUE PROMISE

By joining AAUW, you belong to a community that breaks through educational and economic barriers so that all women have a fair chance.



empowering women since 1881

Greater Wayne Area Branch

MEMBER TOWNS

Bloomington
Englewood
Franconia, NH
Kinnelon
Little Falls
Mt. Pleasant, SC
Montville
New Foundland
North Haledon
Nutley
Old Tappan
Parsippany
Pompton Lakes
Pompton Plains
Riverdale
Teaneck
Wayne

GWA LEADERSHIP 2022-2023 ELECTED OFFICERS

President	Arline Lowe
Vice President	Linda Nardone
Treasurer/Finance	Ann Raynor
Secretary	Elaine Dolsky
Membership VP	RuthListon*
Program VP	Ruth Liston
Communications VP	Lorraine LaShell

APPOINTED OFFICERS

Advance Design	Peggy Gardner
Advance Editor	Lorraine LaShell
Advance Special Features	Dorothy Quinn
Diversity & Inclusion	Elaine Kirsh
Environment Issues	Barbara Stomber
Fundraising	Joan London
Parliamentarian	Bea Kettlewood
Publicity	Abby Schwartz
Scholarship	Lorraine LaShell/ Marianne Ritter
Social Concerns	Ada Liggett/ Diane Ricart
Sunshine	Ada Liggett
Technology	Bobbi Breslow
Website	Lorraine LaShell

INTEREST GROUPS CHAIRS

Culinary Group	Carolyn Noble
Cultural Events	Elaine Kirsh
Current Events	Elaine Kirsh
Games	Ruth Liston
Lit Group	Diane Ricart
Lunch Bunch	Ruth Liston/ Elaine Dolsky

*Acting Membership VP