

The Advance



The Bulletin of the Greater Wayne Area Branch of the AAUW

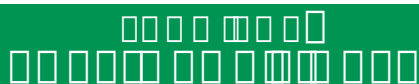
Volume Q No.4

<https://www.greaterwaynearea-nj.aauw.net>

March-April 2023

AAUW GREATER WAYNE AREA BRANCH PURPOSE

The purpose of this branch shall be to further AAUW's mission to advance equity for women and girls through advocacy, education, philanthropy and research.



Dear Members,

It is almost Spring and already we have an exciting schedule planned for this season.

We have partnered with the Wayne Rotary and are participating in their

“Thanksgiving in Spring” event on March 19 at the YMCA in Wayne. Thanksgiving meals will be served to Wayne senior citizens. Many of our members will be contributing food and helping to serve. This hopefully will be the beginning of our branch establishing relationships with other organizations for mutual benefit. Another such organization is the newly formed Wayne Chamber of Commerce.

We have an exciting program for Women’s History month entitled Women Making History in Trenton. Thank you to Linda Nardone for putting together this important program. The event will take place on Monday, March 27 at Berkeley College in Woodland Park at 9:30 am. All branch members are invited and encouraged to attend. The college will promote this event and anticipates a large audience so it is a great opportunity to promote our branch.

As stated in last month’s letter, we had a banner 2022. Our membership has increased to forty-seven, we have increased our funding for scholarships, increased our partnerships with other clubs, increased and expanded the activities of our Interest Groups. There is something for everyone in our Branch in

terms of participation and engagement.

Thanks to all of you who have contributed so much to our success.

Arline Lowe



On October 12 our branch made a presentation to the Wayne Rotary Club introducing their members to AAUW and our mission. It was decided that there are many synergies between our two organizations and that we can help each other achieve our individual goals.

Our branch sent a letter of request to the Rotary for a donation to our scholarship fund.

Fourteen of our members are volunteering to help cook and/or serve at the Rotary's "Thanksgiving in the Spring" event on Sunday, March 19 from 3:00-5:00 at the Wayne YMCA. The guests will be senior citizens who live in Wayne. This is an opportunity for our branch to not only participate in a service project but to spread the word about AAUW. Look for photos in the next *Advance*.

We will continue to look for ways our branch can collaborate with other local organizations. Suggestions are welcome.

Lorraine LaShell



We all recognize the importance of raising funds which will then be distributed to women over 25 who have returned to college to complete their undergraduate degrees. This money makes a difference in the lives of our scholarship winners by providing them with supplementary funds which can be used to offset some of their expenses. The scholarship winners often have heart rendering “stories” which highlight the hardships they have endured. I have been impressed with the women selected by the scholarship committee to receive these grants.



The Wayne Hills Leo Club held a candy sale in February. Proceeds will be donated to AAUWGWA. Thanks to all the high schoolers who participated.



This is a big fundraiser for our branch. To those who have already contributed - “Thank you.” If you have not sent in your contribution, a check can be mailed to Ann Raynor. We are all aware of how beneficial this money is to the scholarship winners selected annually.



A different restaurant will be offered each week in June. AAUWGWA members, who participate, will have a percentage of their checks donated to our scholarship fund. Many of you participated last year and I hope you will continue to support this effort. Please contact me if you have any suggestions as to restaurants for this June.



In the Fall, our branch did a presentation to Wayne Rotary. As a result, we have begun to establish a relationship with this organization. We are helping them with “Thanksgiving in the Spring” and I hope to invite them to participate in one or more of our activities. In addition, I have requested a donation to our scholarship fund. Keeping our fingers crossed!



Last year, Visions Credit Union in Little Falls, provided us with a \$1000 grant. This money will be included in the scholarship awards for 2023. I plan to request a donation for next year as well.



Don’t forget to use donation cards as a means of recognizing life events. Contact Lorraine LaShell if you wish to purchase some.

I am always looking for new ways to increase our scholarship funds. Any suggestions would be welcomed.

Joan London
Scholarship Chair



At our February meeting, Joanne Reilly discussed what Artificial Intelligence (AI) is and Linda Nardone discussed how Artificial Intelligence is used in medicine. The discussion was lively as AI seems to be a hot topic in current news publications.

The Current Events Group will meet on March 17 at 1:00pm to complete our discussion of Artificial Intelligence. Elaine Kirsh will discuss Artificial Intelligence in education and Barbara Stomber will discuss the future of Artificial Intelligence. The discussion is sure to be lively. Join us if you can. March 17th at Barbara Stomber’s home at 1pm. Come a few minutes early to chat. The topic for our April meeting will probably be conditions in Turkey and Syria after the recent earth quake. Please RSVP to Elaine Kirsh if you plan to attend the March and/or April meetings.

Elaine Kirsh
Chairperson

In One Woman's Opinion...by Dorothy Quinn

The Success of the Mature Woman

As a septuagenarian I'm frequently observing women who are older than myself, especially ones who seem to have not waned in their spunk, vitality and zest for life. I am blessed to have the opportunity to be friends with many who fall into this category. I am most impressed with those, who even in their 90s, still possess these qualities. It is a hope that I have for myself, should that be my destiny. So I ask, what makes these women so vibrantly attractive?

First, I don't believe that genes and destiny are the only factors that play a part in aging successfully. Women, who generally outlive their partners, find themselves capable and in fact thriving independently. Perhaps it's childbirth, motherhood or the manager of their household and career that has made women flexible, resilient and expansive. We carried on despite all obstacles because many depended on us to get things done. We also generally take good care of ourselves compared to our male counterparts. The creators and enforcers of scheduling, we make our health appointments, eat well and try to balance our lives between exercise, relaxation and socializing. Also, since others depended on us, we needed to be ready for anything and now find ourselves spontaneous... Whereas men generally depend on their partners to take care of them; thus, become passive when it comes to their health and sprinkle that with an occasional macho element and they become downright careless when it comes to selfcare.

Also, there is much to be said about living independently. Being CEO of the household gives one autonomy as well as responsibility. That responsibility is the motivating factor that keeps the mind and the body active and moving. The bills, the manageable household repairs, the meal planning, the shopping, the general decision making falls under our domain. For many of us,

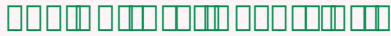
this is a new responsibility that can awaken a sense of accomplishment that was never there before.

Perhaps another factor which plays a role in successful aging is that many mature women enjoy the financial and social independence that the women's movement of the 21st century has afforded our generation. Babyboomers and those of the greatest generation worked outside of the home at some point in their lives. This would not have been true for our grandmothers, should they have found themselves alone. They would have strongly depended on their children to manage their lives. They might have moved in with their children and been subject to their lifestyles or perhaps became somewhat of an indentured servant for their children as their live-in nanny and cook, abandoning their previous lifestyle and social contacts. This presumably left them isolated, lonely and wishing to follow their spouse to the grave.

Finally, I have observed that the greatest life enhancing factor for women aging successfully and vibrantly are the friendships they cultivate. Women are social beings. We lunch, chat, play games, walk, workout, complain, brag about our grandchildren, explore, laugh, travel, entertain, and most of all, learn from each other. We are wired to reach out and share. Enough cannot be said for the treasure that is found in female bonding. I believe it is the spark that keeps us young in heart, agile in mind and joyful in spirit.

In our purpose-driven organization, the AAUW, we have made friendships with many women who can be characterized with these attributes. How fortunate we are to have such wonderful role models!





GWA AAUW Cultural Affairs Group takes another trip. This time we are going to see the Ink, Press, Repeat exhibit at the William Paterson University Galleries on Wednesday, March 15th at 10:30 am. We will first tour the Ink, Press, Repeat exhibit, a national juried printmaking and book arts exhibit.



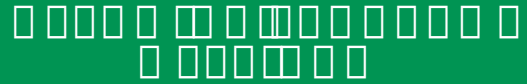
The prints and book art included in this exhibit are amazing! If you can't go with us on March 15th, make sure you go on another day. This exhibit will be open until March 24th. Hopefully,



we will also be able to see both the Myles Dunigan: Sacrifice Zones and the El Cartel/The Poster Puerto Rican Graphics

exhibits. I went to a talk by the juror, the person who selected the pieces included in the print/book art exhibit today. We will have an art student or curator lead us through the exhibits on the 15th. Those of us who are interested can meet afterwards on campus or off for lunch/snack/coffee. I'm looking into the options right now. If anyone has suggestions, please forward them to me. If you would like to visit the exhibits with us on the 15th, please RSVP to Elaine Kirsh.

Elaine Kirsh
Cultural Events Chair



Greetings from the sunny climes of Florida.



After not being able to lunch at PCTI--Passaic County Technical Institute--since COVID --we once again will hold our annual meeting there on **April 26 at noon**, in Chez Technique, the dining room at the school which is used by the students in the Culinary Department for their on-hands learning experience. It is a lovely setting for the meeting. We are limited to 30 attendees with a cost of \$22 each. There will be two menu choices. We are just firming up the arrangements now. As I receive more information, I will pass it on to you. For those of you who are unfamiliar with the concept of the annual meeting, it is a time at which each Interest Group Chair will report on their individual group's activities held during the '22-'23 time frame. The presentation should be no more than five minutes so that everyone has a chance to bring us up to date.

On **May 17** we will hold our Scholarship Dinner at Buona Sera in Haskell at 5 pm. We will be given a private area in the restaurant, with again, a maximum of about 30 attendees. The cost will be \$45 per person which will include family style appetizer selection, individual salad, pasta and choice of entree. As we approach the date, I will inform you of the entree choices. At this dinner we will introduce the scholarship winners as well as install the new board and announce interest group leaders.

As noted in the New and Noteworthy column, we will keep you informed of the activities in other northern district AAUW chapters as the year progresses.

Such an exciting time for our Branch. Looking forward to seeing all of you soon.

Ruth Liston
Program VP



Women Making a Difference in Trenton



— MARCH 27, MONDAY —
9:30 am

— BERKELEY COLLEGE —
44 Rifle Camp Road, Woodland Park, NJ

**The Greater Wayne Area branch is the centerpiece for Berkeley's
15th Annual Women's History Month Event.**

**The program will include state legislators speaking on "Bipartisan
Legislation and Oversight Committees in the State".**

GWA Vice President, Linda Nardone, took the lead and organized this program in partnership with Berkeley College. All branch members are invited and encouraged to attend. This is great PR for our branch and an opportunity to attract new members. Details, including carpooling and parking information, will be forthcoming by email.

Please RSVP to Ruth Liston.

Directions:

<https://www.google.com/maps/search/44%0D%0ARifle+Camp+Road,+Woodland+Park,+NJ?entry=gmail&source=g>



Tech Trek is a one-week, residential, hands-on STEM camp for rising eighth-grade girls which will be held in-person this year from July 23 – 29 at Stockton University.

The girls spend a week experiencing the sciences from a laboratory setting into the field while enjoying the chance to dorm and eat where college students do. The camp gets girls hooked on science at a young age by allowing them to be inspired, get creative and build a support system.

Branch member Karen Wertheimer has been interviewing girls from Bergen County. Visit <http://aauw-nj.aauw.net/projects/tech-trek/> to be inspired and learn more about the camp and how you can participate.

Lorraine LaShell



Below is listed the times, places and participants in the Greater Wayne Branch programs. Please know that all are welcome either to join a group already in existence or start a new group and/or new game. The more the merrier.

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First and third Mondays 3pm online

Marlys Huss, Ada Liggett, Ruth Liston, Ann Raynor

Second and fourth Mondays 11:30am members' homes

Jean Billings, Bea Kettlewood, Ruth Liston, Joan London, Win Reinhardt, Lois Wickham

Weekly Tuesdays 7pm online

Ruth Liston, Dorothy Quinn, Ann Raynor, Win Reinhardt

Weekly Thursdays 12:30pm members' homes

Maryann Davidson, Esther Flower, Marlys Huss, Ada Liggett, Lois Wickham, Mary Querrazzi

□ □ □ □ □ □ □ □

Weekly Tuesdays at 2pm online

Elaine Dolsky, Ruth Liston, Ann Raynor, Win Reinhardt

Ruth Liston

Teentech

Teentech is a day of hands-on technology workshops for high school girls in grades 9, 10 and 11. The program will be held on May 25, 2023 at Essex County College.

Several branch members have volunteered to be at the event and act as facilitators. If you are interested in being a Teentech volunteer, contact Lorraine.

Lorraine LaShell



It is my great pleasure to introduce the two newest members of the Greater Wayne Branch of the AAUW.

Joanne Reilly

Mary Anne Lund

Both Joanne and Mary Anne are friends and neighbors of Ada Liggett. Joanne is newer to the neighborhood and has participated in several Current Events programs. Mary Anne has attended several Book Club meetings. Welcome to both of you.

It was my pleasure to have participated in the AAUW Northern Chapter Branch meeting of the Program Directors. Several years ago State chapters regularly met in person at different locales. Even before COVID these meetings had become less frequent and since COVID almost non-existent. It was so interesting sharing with these women all that we are doing and listening to their plans. As we go forward we will attempt to keep one another informed of our activities. I think we had taken a first step by joining with Mountain Lakes for our holiday social. I will keep you up to date.

Ruth Liston



Join us for Lunch Bunch on March 9th, 12:30 at Longhorn SteakHouse in Parsippany. Please let me know if you will be attending.

Note: there will be no Lunch Bunch in April.

Elaine Dolsky



Ann Sheridan

Fourteen members gathered for lunch at the Tuscany Villa Ristorante in Montville on Thursday February 9. A cozy table at the rear of the restaurant awaited us, and Elaine Dolsky, who had made the arrangements, greeted us with a smile and wine. Announcements were made by Linda Nardone regarding our branch presenting the centerpiece program at Berkeley College's 15th Annual Women's History Month event in March. Lorraine LaShell then informed us of the Rotary Club of Wayne's invitation to participate in their "Thanksgiving in the Spring" service event on March 19 at the Wayne YMCA to benefit senior citizens who live in Wayne. Delicious food was enjoyed by all.



The Culinary Group will meet on Friday, March 24th at 12:30. The theme will be grazing boards. Members will contribute small bites and nibbles that will be placed on a board or platter and shared.

The April meeting will be on Friday, April 28th at 12:30. The theme is yet to be determined.

Please RSVP

Carolyn Noble



**Sit down and Relax! Read a great book!
Come to the Lit Group!**

**March 1/ *The Last White Man*
by Moshin Hamid**

Zoom Meeting for Winter
Discussion Leader: Arline Lowe

April/ No Meeting - First day of
Passover

**May 3/ *Lessons in Chemistry*
by Bonnie Garmus**

In Person meeting
Discussion Leader: Ada Liggett

**June 7/ *The Garden of Broken Things*
by Francesca Momplaisir**

In Person meeting
Discussion Leader & host:
Joan London

July 5 No meeting due to holiday
travel

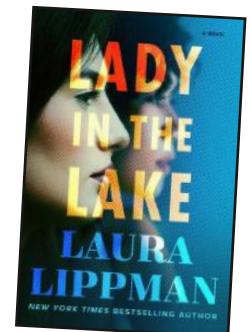
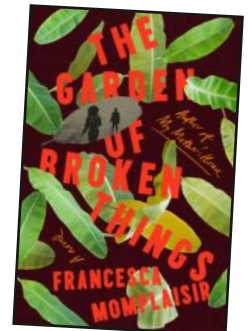
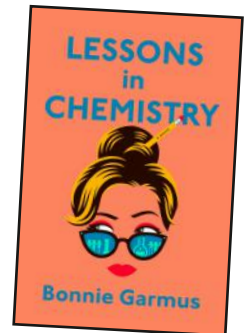
**August 2/ *Lady in the Lake*
by Laura Lippman**

In Person meeting
Discussion Leader: Linda Nardone

All meetings are the first
Wednesday of the Month at 1-2:30.

Diane Snyder Ricart
Chairperson

PS: Unfortunately our Lit Group did not meet in January. The book selection for that meeting was *The Maid* by Nita Prose. At our February zoom meeting, we will try to plan a date to revisit this book.



Happy Birthday

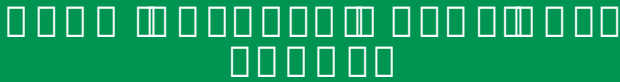
Alice Moskowitz	3/14	Elaine Kirsch	4/1
Lois Wickham	3/16	Beth Marmolejos	4/12
Randi Galanowski	3/29	Esther Flower	4/25
Carol Palmer Yomtov	3/29		

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	1 1 PM Lit Group Zoom	2	3	4
5	6 3 PM Bridge online	7 2PM: MahJongg online	8 3:30 Bridge online	9 12PM: Bridge in-person 12:30 Lunch Bunch	10	11
12	13 11:30 AM Bridge in-person	14 2PM: MahJongg online	15 10 AM Cultural Outing 3:30 Bridge online	16 12PM: Bridge in-person	17 1 PM:Current Events	18
19	20 3 PM Bridge online	21 2PM: MahJongg online	22 3:30 Bridge online	23 12PM: Bridge in-person	24 12:30 PM:Culinary Group	25
26	27 11:30 AM Bridge in-person	28 2PM: MahJongg online	29 3:30 Bridge online	30 12PM: Bridge in-person	31	

April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	3 3 PM Bridge online	4 2PM: MahJongg online	5 Passover begins 3:30 Bridge online	6 12PM: Bridge in-person	7 Good Friday	8
9 Easter Sunday	10 11:30 AM Bridge in-person	11 2PM: MahJongg online	12 3:30 Bridge online	13 12PM: Bridge in-person	14	15
16	17 3 PM Bridge online	18 2PM: MahJongg online	19 3:30 Bridge online	20 12PM: Bridge in-person	21 1PM Current Events	22
23	24 11:30 AM Bridge in-person	25 2PM: MahJongg online	26 Annual Mtg @ PCTI 12PM 3:30 Bridge online	27 12PM: Bridge in-person	28 12:30 Culinary Group	29
30		2	3	4	5	6



The purpose of this branch shall be to further AAUW's mission to advance equity for women and girls through advocacy, education, philanthropy, and research.



In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability, or class.



By joining AAUW, you belong to a community that breaks through educational and economic barriers so that all women have a fair chance.



Greater Wayne Area Branch

MEMBER TOWNS

- Bloomingtondale
- Englewood
- Franconia, NH
- Kinnelon
- Little Falls
- Mt. Pleasant, SC
- Montville
- New Foundland
- North Haledon
- Nutley
- Old Tappan
- Parsippany
- Pompton Lakes
- Pompton Plains
- Riverdale
- Teaneck
- Wayne



ELECTED OFFICERS

President	Arline Lowe
Vice President	Linda Nardone
Treasurer/Finance	Ann Raynor
Secretary	Elaine Dolsky
Membership VP	RuthListon*
Program VP	Ruth Liston
Communications VP	Lorraine LaShell

APPOINTED OFFICERS

Advance Design	Peggy Gardner
Advance Editor	Lorraine LaShell
Advance Special Features	Dorothy Quinn
Diversity & Inclusion	Elaine Kirsh
Environment Issues	Barbara Stomber
Fundraising	Joan London
Parliamentarian	Bea Kettlewood
Publicity	Abby Schwartz
Scholarship	Lorraine LaShell/ Marianne Ritter
Social Concerns	Ada Liggett/ Diane Ricart
Sunshine	Ada Liggett
Technology	Bobbi Breslow
Website	Lorraine LaShell

INTEREST GROUPS CHAIRS

Culinary Group	Carolyn Noble
Cultural Events	Elaine Kirsh
Current Events	Elaine Kirsh
Games	Ruth Liston
Lit Group	Diane Ricart
Lunch Bunch	Ruth Liston/ Elaine Dolsky

*Acting Membership VP