



Greater Wayne Area (NJ) Branch

**March**  
**CELEBRATING WOMEN'S**  
**HISTORY MONTH**

**Monday, March 27, 3-5 pm**  
**Wayne Public Library**



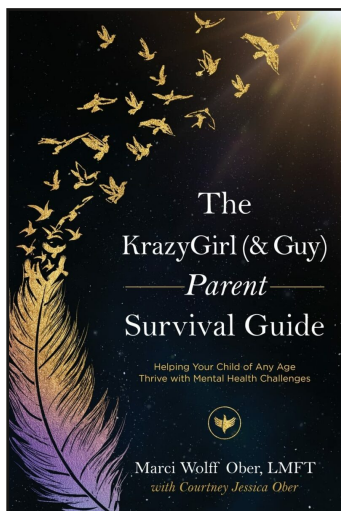
*Author, Marci Wolff Ober*

**MEET THE AUTHOR**  
**Topic: Demystifying Anxiety**

Marci Wolff Ober, LMFT (Licensed Marriage & Family Therapist), author of "The Krazy Girl (& Guy) Parent Survival Guide (Helping your child of any age thrive with mental health challenges)"

Marci is a local, accomplished woman professional who resides in Passaic County. Her book was published one year ago by Koehler Books, a top end publishing company, and is available from Amazon, Barnes and Noble, etc.

You can visit Marci's web page at <https://krazygirlproject.com/> and find her on Facebook, Krazy Girl(&Guy)Survival Group which has 4K members in all 50 states and 75 countries worldwide. The page is very interactive and has posts about feelings, positivity, mental health and wellness. Her podcasts can be heard on various platforms.



Marci will present on [Demystifying Anxiety](#) and will discuss mental health and self-esteem.

Join us for our first Women's History Month Speaker Series. A short business meeting will follow the program. Refreshments will be served. All are welcome.

Email [aauwgwa@gmail.com](mailto:aauwgwa@gmail.com) for more information

Please extend the invitation to your neighbors and friends.